



# SYP

## STUDENT AND YOUNG PEOPLE'S SUPPORT

WE WILL LISTEN TO YOU,  
BELIEVE YOU AND SUPPORT YOU

The **SYP service** supports students and young people who have experienced any kind of sexual harm, something that you didn't want, didn't feel okay or made you feel uncomfortable. This could have happened in-person or online, recently or when you were a younger child. We support college and university students as well as young people of all genders, aged 12+ who live in Edinburgh, East Lothian and Midlothian.

### What support SYP offers:

- We can offer emotional and practical support from just a few weeks to a few months.
- We can offer sessions in person, via video or over the phone.

### Support for people who have experienced rape/ sexual assault within the past few weeks

We understand there can be many different responses to sexual harm and the first few weeks after an assault can be particularly confusing and overwhelming. We can provide support during this time, including helping you understand your options.

## **Support for friends, family and partners**

At SYP we recognise that unwanted sexual experiences often has a huge impact, not only on the survivor but on those closest to them as well. We offer support to family, friends, and partners of young people who have experienced any form of sexual harm.

### **Getting in touch**

When you get in touch with us, we will arrange an introductory meeting to discuss how we can best support you at this time. You don't have to tell us anything you don't want to and only need to share what you're comfortable with.

You can bring someone with you to this meeting if you'd feel more comfortable. This can be a family member, a friend or anyone you trust.

### **Arrange an introductory meeting with us**

- All you need to do is email us on: **hello@ercc.scot** simply saying 'Hi' or letting us know you're interested in finding out more about support.
- If you prefer, someone else can get in touch with us on your behalf to arrange the meeting.
- If you are a professional wanting to refer someone you are supporting, please complete our referral form which can be found on our website.

**You can also find more information and resources on our website: [www.ercc.scot](http://www.ercc.scot)**